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FRESCA {page 17}



ROCKET MAN STAR GLEEFUL OVER DUET WITH ELTON JOHN {page 11}



EDMONTON

metro 

Tuesday, May 31, 2011
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News worth sharing.



Royal. Snub

► The Duke and Duchess of Cambridge, Prince William and Kate Middleton, seen here in a Feb. 25, 2011, photo during a visit to the St. Andrews Museum in Scotland.

ANDREW MILLIGAN/POOL/THE ASSOCIATED PRESS FILE

No Royal visit for capital city

The two royal newlyweds won't be coming to Alberta's capital city during their summer tour of Canada. According to details provided yesterday, the couple plan to hit the Stampede city July 6-8 instead, in their only stop in the western provinces.

Police push for pay-then-pump

- Alberta Association of Police Chiefs hope for new law by 2012
- Planning trip to meet new provincial government in fall

Police chiefs in the province want to mandate advance payment at the pumps in hopes of keeping gas-and-dash crimes from draining resources and threatening public safety.

The Alberta Association of Chiefs of Police have unanimously passed a resolution asking for legislation making pre-payment at gas stations mandatory across the province.

"One of our officers in one of our districts made the observation that drive-offs at gas stations were increasing," said Calgary Police Chief Rick Hanson and AACP president. "It is a crime that is predictable and therefore preventable."

Lisa Sobchysyn, spokesperson for the Edmonton Police Service, said members here support the push to combat gas theft.

"We do support that effort,

which would free up and make better use of our officers' time," said Sobchysyn.

The cost to Calgary police resources for gassing up without paying was \$171,271 and 66 weeks in officer time last year, said Sobchysyn, adding EPS rates are similar.

Lokinder Kaushik, Edmonton's City Centre Esso owner, calls gas theft a "daily" concern.

"The last two or three times, it's been girls," he said of drivers filling their tanks without paying, which he dubbed "scary and dangerous."

Kaushik lost about \$7,000 last year alone from gas theft and said he would support a law for pre-paid fuel.

"It's been a problem forever," said Kaushik. "And the more gas (prices) go up, the worse the problem gets."

● SHELLEY WILLIAMSON

Gas-theft dangers

- Last year in Calgary, police members attended 2,033 gas-and-dash calls.
- B.C. became the first province to mandate pre-paid gas in 2008, after a 24-year-old employee was hit, dragged 7.5 kilometres and killed by a 16-year-old driver trying to avoid paying for \$12.30 in gas.
- Last week, at a Mississauga, Ont., service station, 62-year-old Hashem Atifeh Rad died after being struck while trying to prevent a driver from leaving without paying for gas.

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SlutWalk may change course

They will still march to protest sexual violence and victim-blaming; it's just not yet certain where they will do so.

Organizers of Edmonton's SlutWalk, slated for Saturday, will make an announcement today or tomorrow regarding their route.

"We're still considering

all the options," said Kasia Gawlak, one of four organizers.

The group met with city staff last week after finding out they need to pay \$2,000 in road-closure and policing fees for a route from the legislature down Jasper Avenue to city hall.

They say they weren't

aware of the fee until a week before the event.

"We are aware now, as far as submitting an application form to the city, there are (costs)," said Gawlak. "But we still maintain this is (a) protest march, not a parade."

Ellen Finn, with the city's civic-events department, said all events must

pay for any city services, and that such things are needed for SlutWalk because of the "popularity and interest of the event."

Options the city said may be cheaper include staying at the legislature, river valley trails or a park, or approaching city hall on 102 Avenue.

• HEATHER MCINTYRE

3,034 The number of people, as of yesterday, who have said on Facebook that they plan to attend Edmonton's SlutWalk. Organizers had originally hoped to attract 1,000 attendees.

Benefits of legal-injection site on conference's agenda

► 11th annual Alberta Harm Reduction Conference runs tomorrow through Thursday

 **HEATHER MCINTYRE**
@METRONEWS.CA

Whether or not Edmonton will become home to a safe-injection site is a question Marliss Taylor would like to be able to answer.

"It's the most frequently asked question and has been for the last five, six years," said the program manager of Streetworks, a local needle-exchange program offered through Boyle Street Community Services.

The benefits of such a site will be among the many topics discussed this week at the annual Alberta Harm Reduction Conference at the Coast Edmonton Plaza Hotel, which Taylor helped organize.

Vancouver is home to

Conference plan

Dr. Andre Corriveau, Alberta's chief medical officer of health, will speak tomorrow morning to kick off the conference.

► Another speaker is Richard Elliot, executive director of the Canadian HIV/AIDS Legal Network. Elliot spoke in front of the Supreme Court regarding Insite less than two weeks ago.

► For more information on the conference and topics to be discussed, visit albertaharmreduction.ca.

the first safe-injection site in the country, and a decision by the country's highest court on whether Insite is a health-care facility under provincial ju-



► James Danes, day co-ordinator at the supervised drug clinic Insite, stands outside his clinic on East Hastings Street in Vancouver. The idea of supervised legal-injection sites could be on the table in Edmonton.

risdiction, and whether closing the site violates the rights of drug addicts living in one of Canada's poorest neighbourhoods, has yet to be made.

Taylor said the decision will have ripple effects across the country, re-

gardless of what it is.

"But if the Supreme Court says (safe-injection sites) are a healthy intervention and should happen, I think our organization would probably take it on in Edmonton," she said.

"We have way too many people with addictions using drugs in back alleys or in bathrooms."

MARLISS TAYLOR, PROGRAM MANAGER OF STREETWORKS

Doctor blames bad books for billing dead patients

A Calgary doctor suspended for billing irregularities that included submitting claims for treating dead people says he's a bad book-keeper.

Dr. John van Olm says he was treating many nursing home residents and by the time he submitted claims

for his services, some of them had died. The physician was suspended for 18 months by the College of Physicians and Surgeons, but can resume practising in August if he takes remedial steps such as learning how to properly keep his books. **THE CANADIAN PRESS**

185 Van Olm is also found to have submitted exaggerated bills claiming to have seen 185 patients a day, and was reprimanded for getting loans from a couple of patients.

News in brief

U2 gig-goers asked to take trains

WITH OR WITHOUT LRT. The city is beefing up LRT service to the U2 concert tomorrow, with four-car trains to and from the stadium every five minutes.

Transit users can expect train waits after the concert. • **METRO**

Mandel says mayors' meeting useless

NOT ATTENDING. Mayor Stephen Mandel is skipping the Big-City Mayors meetings, calling the 22-member gathering in Ottawa Thursday a waste of time. • **METRO**



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- 2 Use your smartphone to scan 2D barcodes in Metro
- 3 The codes will direct your mobile browser to m.metronews.ca

Advisory

The Canadian Press has issued an advisory for the Enchiladas Roll Ups recipe that appeared in Metro's Food section last Thursday. The Canadian Press directs people to check whether slow-cooker stoneware can be used on the stovetop before attempting the recipe.

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04

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TUESDAY, MAY 31, 2011

Guards march for safety

► 'Inadequate staffing has made a volatile situation more dangerous': AUPE ► Overcrowding also an issue



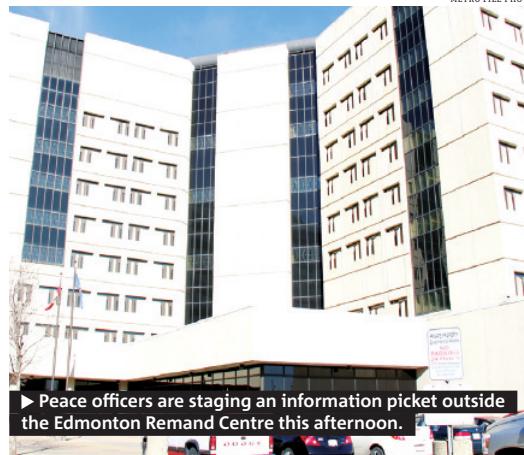
HEATHER
MCINTYRE
@METRONEWS.CA

Guards tired of working conditions in the overcrowded Edmonton Remand Centre will make their voices heard today.

"Our members who work there as correctional peace officers are increasingly frustrated at the fact the jail is overcrowded and they say understaffed," said Guy Smith, president of the Alberta Union of Provincial Employees.

The information picket for more staff, proper equipment and a body similar to the Alberta Serious Incident Response Team, which investigates incidents involving police, will be held outside the ERC from 3 p.m. to 5 p.m.

"We need duty belts, we



METRO FILE PHOTO

need equipment, we need staff on the floor," said local chair Derrick Karkashewski. "Your best defence is your partner. We need more boots on the floor."

In April, two officers were attacked and seriously injured while on duty at the ERC. Two weeks later, Barry Raymond Stewart, 59, was killed by a fellow inmate.

The incidents closely

Raising the bar

► The Edmonton Remand Centre was built in 1979 to house 388 inmates, but currently holds 800.

► A new remand centre is slated to open in 2012, with capacity for 2,000 inmates.

► Staff would like to ensure safety is a top priority at the new facility, the Alberta Union of Provincial Employees says.

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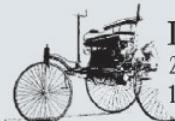
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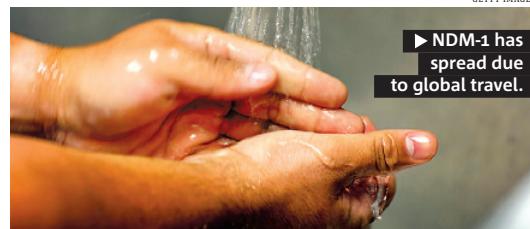
First homegrown superbug puzzles

► NDM-1, a cause of urinary-tract infection, did not make patient sick ► Bacteria is drug-resistant

Canadian researchers have identified what appears to be the first domestically acquired case of an NDM-1 superbug.

An 86-year-old Ontario man was found to be carrying bacteria resistant to most antibiotics because of NDM-1, or New Delhi metallo-1, an enzyme that alters the DNA of various types of bacteria. NDM-1 is endemic in India and Pakistan and has spread worldwide due to global travel.

But the patient, who was admitted to hospital and then a rehabilitation centre after suffering a stroke last October, had not travelled outside southwestern Ontario for the last decade.



None of the man's family members or other close contacts were carrying the superbug, nor had any been to parts of the world where NDM-1 is widespread.

"It's really unfortunately a mystery in terms of his source, and it certainly suggests that he acquired it here in the southwestern Ontario region," said Dr. Su-

san Poutanen, an infectious disease physician at Mount Sinai Hospital in Toronto.

She said the case is not cause for public alarm but is meant to alert hospitals and labs not to dismiss NDM-1 as a cause of drug-resistant bacteria in patients merely because they have not travelled outside Canada. **THE CANADIAN PRESS**

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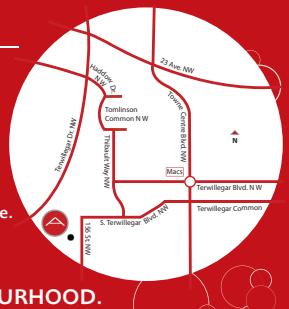
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Germany to close all nuke plants by 2022

► Germany's seven oldest reactors, all built before 1980, shut down after problems at Fukushima ► Plants provided 40 per cent of nuclear power

Germany's governing coalition said yesterday it will shut down all the country's nuclear power plants by 2022. The decision, prompted by Japan's nuclear disaster, will make Germany the first major industrialized nation to go nuclear-free in years.

It also completes a remarkable about-face for Chancellor Angela Merkel's government, which last year had pushed through a plan to extend the life span of the country's 17 reactors — with the last scheduled to go offline in 2036.

But Merkel now says in-

dustrialized Japan's helplessness in the face of the Fukushima disaster made her rethink the technology.

While Germany was set to abandon nuclear energy eventually, the decision — which requires parliamentary approval — speeds up that process.

Germany's seven oldest reactors, taken off the grid pending safety inspections following the March catastrophe at Japan's Fukushima Dai-ichi plant, will remain offline permanently, Environment Minister Norbert Roettgen said.

The country's energy



"We want the electricity of the future to be safe, reliable and economically viable."

CHANCELLOR ANGELA MERKEL

supply chain "needs a new architecture," necessitating efforts in renewable energies and overhauling the electricity grid, Merkel said.

The determination of Europe's largest economy to replace its nuclear power with renewable energy sources makes it stand out among the world's major industrialized nations. Among other Group of Eight nations, only Italy has abandoned nuclear power, voted down in a referendum after the 1986 Chernobyl disaster, closing three operating reactors.

THE ASSOCIATED PRESS

Market moment

TSX	Dollar	Oil	Natural gas	Gold contract
			1,000 cu ft \$4.563 (+ 4.5¢)	\$1,539.10 (+ \$2.80)
+ 32 (13,829.70)	+ 0.02¢ (102.34¢ US)	- 21¢ US (\$100.38 US)		
SOURCES: TSX, BLOOMBERG				

No glory for Canuck economy

Canada's economy expanded an impressive 3.9 per cent in the first three months of this year, but there was little cheering in markets with the performance.

Not only was the number slightly below the four per cent consensus expectation, but the elements of growth signalled a sharp brake in the economy ahead.

The most encouraging news in the much-awaited Statistics Canada report yesterday is that the last month of the quarter — March — saw a gross domestic pickup of 0.3 per cent, slightly above consensus.

"It's not just the headline that matters. It's the composition of (first-quarter) growth that is disconcerting," said Derek Holt, vice-president of eco-

102.35¢
Markets reacted negatively to the report initially, shaving one-tenth of a point off the loonie to 102.35 cents.

nomics with Scotiabank.

The composition included a heavy dose of production placed in storage, awaiting future sales, with inventory buildup accounting for three-quarters of the growth.

Meanwhile, consumers were in hibernation, contributing only 0.1 percentage points to growth, and net trade was a drag, with the solid 1.6 per cent rise in exports from the previous quarter swamped by a 2.2 per cent gain in imports. The bright spots were in business investment, manufacturing and housing.

THE CANADIAN PRESS

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Postal strike to halt snail mail?

The union representing Canada Post's urban workers gave the Crown corporation an ultimatum yesterday that it will strike this week if its final offer is rejected.

Denis Lemelin, national president of the Canadian Union of Postal Workers, said the union is in a legal



► Denis Lemelin, national president of the Canadian Union of Postal Workers, appears in Ottawa yesterday.

position to strike on Thursday at 11:59 p.m. ET after turning down Canada Post's latest offer. Lemelin said the two sides have a history of reaching deals last minute, but said Canadians planning to send mail this week should consider the decision carefully.

THE CANADIAN PRESS

Auto. Repairs



► Chrysler Group CEO Sergio Marchionne, right, speaks with Finance Minister Jim Flaherty during a visit to a Chrysler casting plant in Toronto yesterday. They say it's too soon to tell whether the federal and Ontario governments will sell their shares in the recovering car company to Italian carmaker Fiat.

DARREN CALABRESE/THE CANADIAN PRESS

Shares with Italian flair?

Governments acquired 1.7 per cent of Chrysler shares two years ago as part of a bailout to help the company survive the economic downturn.

CTV dishes plans for rebranding A channel

The CTV television network plans to rebrand its A channel stations this fall as the CTV Two network.

CTV's parent Bell Media says the new network will launch as the company transitions the stations to a high-definition signal.

The announcement was made yesterday at the start of "upfront" week, when many homegrown TV stations reveal their fall lineups in a bid to seek early ad deals.

Citytv announced its lineup yesterday. The Shaw schedule will be released today. THE CANADIAN PRESS

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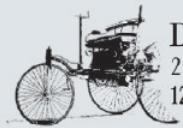
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GIRLS' GUIDE TO SURVIVING NHL PLAYOFFS

SHE SAYS ...

JESSICA NAPIER
METRO



Say RIP to your relationship for the rest of the hockey season, ladies — your man is about to abandon you in favour of a bunch of bearded dudes on ice.

Yes, the seemingly impossible has happened: a Canadian team has made it to the Stanley Cup final. Now, it may not be "your" team, but the boys in blue and green are Canuck nonetheless, and that means that every Molson-blooded male will be taking up permanent residence on his bar stool/couch cushion of choice for the next two weeks.

A Canadian team hasn't taken home the cup since 1993, so, apparently, this is a pretty big deal. And with many hockey-loving lads still riding high off the 2010 Olympic gold medal win, it seems that people are excited about Vancouver's chances.

Personally, I feel pretty "meh" about hockey, but as someone who looks like Bambi out on the ice, I can appreciate the skill of the sport. Plus, there's fighting and beer; how is a girl going to compete with all the bruising and boozing the NHL has to offer?

Starting tomorrow, be prepared for an absentee other half or, even worse, a living room full of rowdy puck enthusiasts with very little regard for the noise level or the furniture. The NHL has to offer?

Date nights will be replaced with double overtime. You will be subjected to endless recaps, stats and highlight reels. The sights

and sounds of Don Cherry's colourful blazers and grating commentary will permeate your nightmares.

And, of course, don't expect to score unless his team does. Your sex life is about to become heavily dependent on Roberto Luongo's goaltending. If the Canucks do lose, the phrase "It's just a game" will only worsen your chances with your moody bedfellow.

So what's the best strategy when dealing with hockey-night neglect?

Stay away. Plan field trips with fellow hockey widows and make peace with the fact that you might not have a meaningful conversation with your mate until the post-season ends.

If you do find yourself staying in on game night, do your best to remember this simple commandment: Don't change the channel under any circumstances. It doesn't matter if it's The Bachelor's "most dramatic rose ceremony ever" — if you even so much as glance at the remote during a commercial break you will be banished from your own home until after Game 7.

Read more of Jessica Napier's columns at metronews.ca/shesays

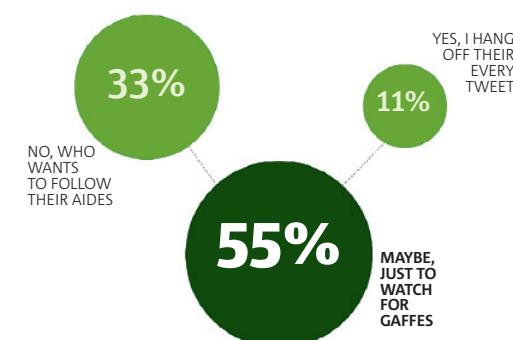


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Local tweets



- @aniBAB Young: Is it hot enough to tan outside? #yeg I think imma bake for an hour #lunchbreak #tanlines
- @CommonSenseSoc: @KEYLIMEclothing Let's not forget, #yeg folks are on the hook to service that \$125 million debt, while Katz gets the revenues. #yegarena
- @ChrisScheetz: RT @Matt_Bisson: #SlaveLake Mayor a mix of sad/happy as she says goodbye to firefighters from #yeg, #yyc who helped save her town.
- @xcerax: Basic knowledge: traffic lights go out, it's a four-way stop. Apparently 80% of the people in the city lack this. #yeg #109st #whyte

Worth mentioning

TOKYO. A new poll yesterday showed that more than 80 per cent of Japanese voters do not trust government information about the country's nuclear crisis.

The poll conducted by Fuji Television Network also found that nearly 85 per cent of respondents said the utility that operates the stricken Fukushima Dai-ichi nuclear plant is dealing with the crisis poorly. A March 11 earthquake and tsunami damaged crucial cooling systems at the plant, causing the worst nuclear crisis since Chernobyl. The twin disasters left more than 24,000 people dead or missing in northeastern Japan.

Eighty-one per cent of respondents to the survey said they did not trust government information about the crisis, Fuji TV said. Seventy-eight per cent said Prime Minister Naoto Kan lacked leadership in handling the disasters.

Kan is facing calls for his resignation even within his own ruling party. Opposition parties are expected to submit a no-confidence motion against him as early as Thursday.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

It was close to a one-way ticket to a kitchen

Railway officials recently discovered snakes on a train in Vietnam — highly venomous king cobras in bags under a seat.

Railroad official Pham Quynh said passengers were terrified when four cloth bags containing the writhing cobras were spotted Friday. The snakes were alive but had

their mouths stitched shut.

Quynh said the exact number of snakes was unclear, but the bags weighed 45 kilograms.

Security staff removed the cobras, which were likely destined for restaurants in Hanoi.

Their owner apparently escaped in the chaos.

Snake meat is considered a delicacy in Vietnam, but cobras are protected by law.

Quynh said the cobras were given to forest rangers who released them into the wild Saturday after no one claimed them.

THE ASSOCIATED PRESS



Morrison gets to sing with his idol

- **Glee** star paired with Elton John for two songs on his new album
- Actor has been involved in music theatre since he was a teen

 **KAREN BLISS**
SCENE@METRONEWS.CA

Glee star Matthew Morrison sings Somewhere Over The Rainbow with Gwyneth Paltrow on his self-titled debut album, but the dream he dared to dream, that really did come true, is singing with the legendary Elton John. The two recorded an epic medley of John's Mona Lisa and Mad Hatters and Rocket Man.

"I wanted to pay homage to one of my favourite songwriters," says Morrison, who had the good fortune to be in the studio with John for the tracking. "It was pretty surreal. I don't know how to describe it. I didn't really take in the moment until maybe a couple of days afterwards, where I was like, 'Did that actually happen?' It felt like a dream."

"I listen to that song now and his voice is so awesome, and then his voice fades out and then mine comes in and it's like, 'Woah!'"

Boy band

► LMNT. Matthew Morrison reveals he was once in a boy band called LMNT, complete with matching outfits, but quit before ever recording with them. "You know as a performer when you're embarrassed to be onstage doing the wrong thing," he explains. "It felt so contrived. It was back in 1999 or something where you couldn't throw a stick and not hit someone in a boy band (laughs)."

Sting also joins him on Let Your Soul Be Your Pilot but the rest of the songs are solely Morrison. Some of the songs the 32-year-old co-wrote, including the album's lead single, Summer Rain.

"I thought that the first single had to start in a really kind of light poppy fun place," he says.

Morrison has worked in musical theatre since his teens and never before released an original album



► Glee star Matthew Morrison released a self-titled album in May.

(he's been on Broadway albums). He realizes his role on the hit TV series as teacher and glee club director Will Schuester has opened doors he wouldn't normally have on a debut

album, including bypassing club shows for theatres and an opening slot on the New Kids On The Block/Backstreet Boys tour. "I have a whole band, a 11-piece band, a horn section," he says of the costly configuration. "I want to do it right and luckily enough from being on Glee, I think I have more of a support system behind me."



Scene in brief



PBS officials say hackers have cracked the network's website. The hackers apparently posted a phoney story claiming dead rapper Tupac Shakur was alive in New Zealand. The phoney story had been taken down as of yesterday.

THE ASSOCIATED PRESS



Colombian popstar Shakira says she's considering doing songs, maybe album, in Arabic.
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DVD Releases this week

Buy it | Rent it | Borrow it | Yawn | Don't bother

Bardem brings best

Biutiful
Genre: Drama
Director: Alejandro González Iñárritu
Stars: Javier Bardem, Maricel Álvarez, Hanaa Bouchaib

Javier Bardem talks to ghosts in Biutiful, a starkly emotive film by Alejandro González Iñárritu where the physical and metaphysical realms seem equally desperate.

The ability of Bardem's grifter character Uxbal to commune with the dead is actually the most calming and least gloomy aspect of a film awash in misfortune and tragedy.

Ironically titled and deliberately misspelled, Biutiful grimly trawls the shadows of illegal immigration, poverty, police corruption, marital and parental dysfunction and mental and physical ills in the shabbier section of



Barcelona, where Uxbal and his family live.

Uxbal is like a walking ghost himself, having just received a drastic cancer diagnosis. His long hair streaked with grey, his handsome features drawn by fatigue and poor health, he's the antithesis of the sexy charmer Bardem played in last summer's Eat Pray Love. But he's paradoxically far more attractive as a per-

son and interesting as a character.

Even at a running time of 148 minutes, Biutiful at times seems like a slightly truncated version of what Iñárritu might have originally planned. Yet the loose ends don't matter when you have a performance as strong as Bardem's.

Extras include a making-of featurette.

• PETER HOWELL

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Drive Angry
Genre: Sci-Fi, Thriller
Director: Patrick Lussier
Stars: Nicholas Cage

Drive Angry is a movie that should STFU — and by that I mean, "Stop Talking Fellows, Understand?"

It's a supernatural road thriller starring Nicolas Cage, sizzling celluloid of a type normally relegated to drive-ins, grindhouses and other down-market retreats where the popcorn is served with buckets o' blood.

Such films are not, God forbid, supposed to be showcases of snappy dialogue, especially when the dialogue snaps like a worn rubber band. When in doubt, say nothing and just cock your gun.

Drive Angry's director Patrick Lussier (Dracula 2000) can't seem to resist including every one of the macho mutterings



he and co-writer Todd Farmer scribbled into their notebooks.

Thus a movie that could have left skid marks on our psyche — in 3-D no less — instead drives us to distraction with verbose line readings that kill momentum worse than a police flashlight shining through a parked windshield.

Each and every tortured soul in this Satan Get Your Gun farce feels compelled to explain to every other tortured soul what terrible thing is about to happen.

The failure of people to STFU is compounded by Cage phoning in yet an-

other performance, as he continues to make us forget he ever won an Oscar.

The only thing that keeps Drive Angry from being completely derivative road stew is William Fichtner's hilariously deadpan portrayal of The Accountant, Satan's right-hand man, the guy who collects stray infidels. He's the funniest satanic figure since Mr. Skin in Bruce McDonald's Highway 61, and that was 20 years ago.

Extras include a commentary by Lussier and Farmer, deleted scenes and making-of featurettes. • PETER HOWELL



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Love in Europe: Lively is being 'wooed' by Leo

► Pair spotted together in Italy, France

Leonardo DiCaprio's European tour with rumoured girlfriend Blake Lively continues, though the pair are doing their best to not be seen together.

After a trip to Italy, DiCaprio and Lively returned to France, where they were twice spotted leaving the Saint-Paul de Vence hotel in Saint-Paul separately, according to Us Weekly.

The next day, they returned to Cannes, where they were first spotted together two weeks ago, and boarded a yacht.

"Blake is definitely being wooed," a source says.

"This could be the beginning of something."

• METRO



► Leonardo DiCaprio

Memorable weekend for Justin Timberlake

Justin Timberlake's luck is apparently far from running out.

The race car sponsored by his clothing line, William Rast, took the top prize at the Indy 500 this weekend, the car's second time winning the famous race.

"What a Memorial Day weekend! The William Rast car just won the Indy 500," Timberlake posted to Twitter after the race.

"Congrats to Dan Wheldon, the WR racing team and everyone else who put in the hard work for this victory! Unreal!"

• METRO

► Justin Timberlake



Celebrity tweets

1200 feet in the air....not the best feeling. lol

@justinbieber

@DavidSpade

a knack for getting beat up. i've had it since childhood



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Body issues



One third of women on university campuses would trade one year of their life to get their ideal body weight and shape, according to a new study in the U.K. And almost 40 per cent would have cosmetic surgery if money wasn't an issue.

CELIA MILNE



A new tool being used for fighting oral cancer

Stop smiling gents

► New study out of Vancouver finds that happy-looking men appear less attractive to women



CELIA

LIFE@METRONEWS.CA

Smiling is attractive in women, but in guys — not so much.

An intriguing new study done by psychologists in Vancouver has found that when it comes to attracting women, happy-looking men may finish last.

"There are major differences in the ways emotions affect attractiveness in the two genders," lead author Jessica Tracy told Metro. "When women smile and show happiness, men find that the most attractive. When men smile and show happiness, women find that the least attractive."

Tracy, who is a professor of psychology at the University of British Columbia in Vancouver, along with graduate student Alec Beall, undertook

"There are major differences in the ways emotions affect attractiveness in the two genders"

DR. JESSICA TRACY

► Want to meet girls? Try the brooding approach, a new study suggests.

two studies which included a total of 1,041 people. Subjects were shown hundreds of photographs of the opposite sex displaying either happiness (big smile), pride (puffed-out chest), shame (head down) or neutrality (no expression). The photo viewers were asked, "How attractive do you find this per-

son?"

Results indicated women were most attractive showing happiness and least attractive showing pride. Men were most attractive when showing pride and least sexy showing happiness. Surprisingly, among young women looking at photographs, even men showing shame

were more attractive than men showing happiness.

What's wrong with smiling men? It could be that since men are assumed to be sexually receptive, when they smile, they seem needy or desperate. Women prefer the bad-boy look.

"Men who show pride are tough, strong and pow-

erful and women find that attractive," says Tracy.

Since the study involved photos, it only reflects people's first impressions.

"In dating there are lots of other things at play," says Tracy. "It may be relevant only in situations where you only show a photo, such as online dating."



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Let them eat carbs

► Carbohydrates are no longer the enemy ► A diet high in resistant starch is the latest way to narrow that waistline ► Make sure to pass the breadbasket please; it's OK, I'm on a diet



Carb. This nasty four letter word has for too long been associated with gluttony and weight gain. It's both the ultimate comfort food and the reason why we shudder at the thought of chewing on a bread roll. Anyone that has sacrificed hearty bowls of pasta for celery sticks, listen up. The Carb Lovers Diet, written by nutritionist Frances Largeman-Roth and Health magazine editor Ellen Kunes, maintains that the secret to long-term weight loss is a diet rich in non-refined carbohydrates.

"For 20 years diet experts and the media have spread the word that carbohydrates are bad for our health, raise blood sugar levels and make us fat," says Largeman-Roth. "So called healthy diets have supported protein rich plans such as Atkins and South Beach and totally shunned potatoes, bread and pasta."

And yet...

Carbs are stars

The Carb Lovers Diet re-



"There has been such a carbs backlash but research shows that people who ate the most carbs weighed less."

LARGERMAN-ROTH

volves around eating foods rich in resistant starch, a type of carbohydrate that isn't digested in our small intestine, leaving us feeling fuller for longer.

Calorie consumption is naturally curbed as the starch acts as an indigestible, filling fiber. Eating around 15 grams of resistant starch a day also triggers a fat burning enzyme in the body, increasing your metabolism. It's a balanced diet where you learn to eat a healthy amount of good fats, protein and fiber.

"We want people to eat normally and get the right carbs back onto their plates for good," explains Kunes.

When people do eat carbs, they tend to eat the wrong kind. Refined carbo-

hydrates, such as white bread and pasta, are super junky and immediately converted into glucose, leaving you feeling hungry again two hours later.

The carb calculator

Sticking to the plan could have you losing up to eight pounds in 30 days. This is no pasta party. In the initial 'detox' phase, calories

are restricted to 1,200 (average weight loss is six pounds) and gradually increased to 1,600 a couple of weeks later. Men on the plan should add 500 calories on to each phase. Portion control is a big part of the plan's success, as is one's ability to get over their innate fear of carbs.

"There has been such a carbs backlash but impor-

tant research shows that people who ate the most carbs (in countries such as Japan) weighed the less overall and vice versa," says Largeman-Roth.

On the Carb Lovers Diet people finally get to eat what they crave — stars include green bananas, oatmeal, sourdough bread and more — just minus the guilt.



Enjoy that slice, Heidi. Just pay attention to your calorie count.



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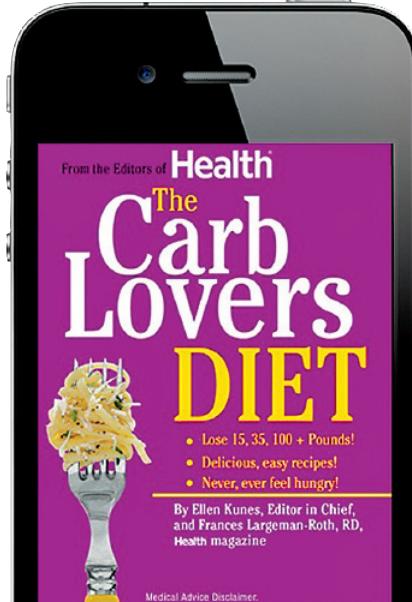
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Eat

- **Breakfast:** the 'Elvis': toasted rye bread with almond butter and sliced banana. (5.6g resistant starch).
- **Lunch:** Pesto Turkey Club: pumpernickel bread, apple and turkey (2.6g resistant starch).
- **Dinner:** baked two cheese penne with roasted pepper sauce (2g resistant starch).
- **Drink:** fat flushing green tea cocktail — 8 cups of brewed green tea, juice of 1 orange, 1 lemon and 1 lime.

Calories from

- **Resistant starch:** 45- 60 per cent
- **Protein:** 25 per cent
- **Fats:** 20-25 per cent



From the Editors of **Health**
The Carb Lovers DIET
By Ellen Kunes, Editor in Chief, and Frances Largeman-Roth, RD, Health magazine

Up and down

Sugar

A spoonful of sugar a day could keep the doctor away. Research shows that sugar improves the effects of antibiotics and reduces the strength of chronic and recurrent infections. Glucose and fructose help make bugs vulnerable.



Obesity

You have more than the common cold to worry about as experts claim that obesity could be contagious. Hanging out with family or friends that are overweight could be distorting your perception of what being a 'normal' size really is. There could also be a tendency to eat more when dining out.

The cuddle chemical

A new pill containing the 'cuddle chemical' oxytocin could help prevent post-natal depression, currently affecting 20 per cent of mothers in the United Kingdom.

Increasing the level of this hormone, known for enhancing feelings of love, trust and affection, could help mothers bond with their babies sooner.

ROMINA MCGUINNESS

Lots of Losers but few wins

► As North American waistlines grow, so does popularity of weight loss reality shows ► But who is benefitting?

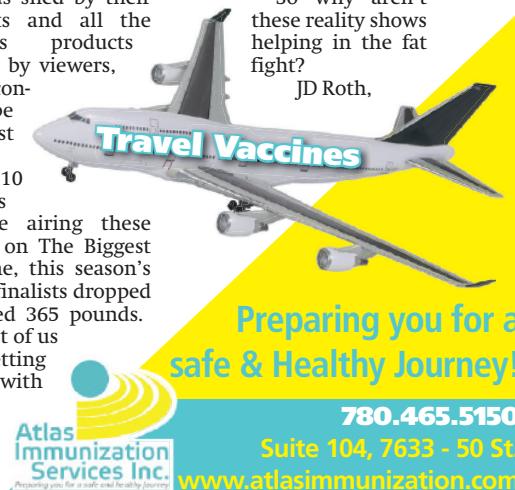
Despite all the Biggest Loser-type shows on TV, all the pounds shed by their contestants and all the weight-loss products purchased by viewers, America continues to be the Biggest Gainer.

At least 10 weight-loss shows are airing these days, and on The Biggest Loser alone, this season's three top finalists dropped a combined 365 pounds. Yet the rest of us are just getting chubbier, with obesity rates in the United States now the highest of any industrialized nation. In fact, more people are obese today

than when Loser premiered in 2004.

So why aren't these reality shows helping in the fat fight?

JD Roth,



executive producer of Extreme Makeover: Weight Loss Edition, thinks they

actually are.

"The first step to changing some systemic problem in society is awareness and I think (weight) awareness is at an all-time high," says the 43-year-old producer, who is also behind Biggest Loser.

Dr. Terry Schaack, medical director of the California Health & Longevity Institute, where Extreme Makeover: Weight Loss participants do an introductory "boot camp," says

there can be a long delay between awareness and action.



► While weight loss shows are at an all-time high, they aren't helping to prevent obesity, a new study shows.

"You will see nothing in national figures for probably eight to 10 years after a dramatic incident occurs," he says.

"The U.S. Surgeon General went out and told people to quit smoking, I believe it was in '67. A hoard of people quit smok-
ing, and the incidence of heart disease went down 15 or 20 years later. It takes that long."

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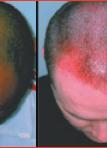
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Miso adds special flavour to meatless burgers

Made from ground chickpeas, these patties are traditionally fried but can also be cooked in a skillet or baked. And because chickpeas are agreeable to a broad range of flavours, it's easy to play with the seasonings and other ingredients.

Preparation:

- 1 In a bowl, whisk 30 ml (2 tbsp) of the miso and mayonnaise. Set aside.
- 2 In a food processor, combine chickpeas, remaining miso, cilantro, olive oil, garlic powder, five-spice powder, salt, pepper and lemon zest. Pulse until coarsely chopped.
- 3 Form mix into 8 patties about 7.5 cm (3 inches)

around and about 4 cm (1 1/2 inches) thick. As you are forming patties, firmly pack with fingers.

- 4 Place breadcrumbs in shallow bowl. One at a time, set each patty in bowl; pat breadcrumbs onto all sides.
- 5 In large skillet over medium-high, heat 15 ml (1 tbsp) of the sesame oil. Add patties and cook until browned and heated through, 3 to 4 minutes per side. If patties start to stick, add another 15 ml (1 tbsp) of oil when flipping.
- 6 Serve burgers on buns topped with miso-mayonnaise, lettuce and tomato.

THE ASSOCIATED PRESS



► This recipe takes 25 minutes to complete and produces eight sliders.



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Ingredients:

- 120 ml (8 tbsp) sweet white miso, divided
- 125 ml (1/2 cup) mayonnaise
- 2 cans (398 ml/14 oz) chickpeas, drained
- 75 ml (1/3 cup) chopped fresh cilantro
- 50 ml (1/4 cup) olive oil
- 10 ml (2 tsp) garlic powder
- 5 ml (1 tsp) five-spice powder
- 5 ml (1 tsp) salt
- 2 ml (1/2 tsp) ground black pepper
- Zest of 1 lemon
- 375 ml (1 1/2 cups) panko breadcrumbs
- 15 to 30 ml (1 to 2 tbsp) sesame oil
- Sliced tomato
- Leaf lettuce
- 8 mini burger buns

Savour fish and chips just like Churchill used to make

► The service may be slow but the perfectly deep fried fish makes up for it

LUNCH RUSH

CHRISTOPHER THRALL
FOOD@METRONEWS.CA



Fish-and-chip orders are easy: two pieces with fries.

Sir Winston, however, posed me a choice of fish.

Sir Winston's Fish & Chips

10505 51 Ave.
780-430-7170
Category: Friends or co-workers
Licensed: Yes
Rating: 3.5 out of 5

The halibut (\$9.99) was the priciest by a couple of dollars over cod and haddock, so I went with that.

The service was slow but the rugby-fan-pub atmosphere was entertaining. I sipped at my cold, thick Kilkenny (\$7.99) and chatted with my family.

I swapped crisp fries for a daughter's sub-par clam chowder, but any disappointment was eclipsed by that breaded halibut.

Light, crisp batter formed a delicate outside shell and moist breading around the firm, white fish. It had plenty of flavour, and the deep fry was exactly what was needed to deliver it.

Sir Winston's dessert was described to me once



► The halibut with a clam chowder (\$9.99) and a beer.

in hushed awe. Happily, the deep-fried Mars bar (\$6.99) was as tooth-numbingly sweet, hot and succulent as described, though

with an odd crust.

I will definitely be back with friends for a two piece ... and another Mars bar.

Watermelon Aqua Fresca



Preparation:

- 1 Blend half of watermelon on pieces with 125 ml (1/2 cup) of the water until smooth. Strain into serving pitcher. Repeat process with remaining watermelon and water. Add lime juice and honey. Stir until blended. Pour into ice-filled glasses and garnish with watermelon triangles skewered with lime wedge.

Ingredients:

- 1 l (4 cups) watermelon, cut into chunks, divided
- 250 ml (1 cup) cold water, divided
- 15 ml (1 tbsp) freshly squeezed lime juice
- 15 ml (1 tbsp) honey
- Ice cubes
- Garnish: Watermelon triangles, lime wedges

THE CANADIAN PRESS/ WATERMELON.ORG

OUTSOURCE THE CLEANING AND BUY YOURSELF FREE TIME

My husband and I both work so our weekends are crazy busy. I'd like to hire a cleaning service to free up some time, but he thinks we'd be throwing away our cash. How can I convince him it would be money well-spent?

Derek says...

Time is money, and hiring a cleaning service is like buying yourself some spare time. If he doesn't help out already, put a dust cloth and toilet bowl brush in his



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hands and ask him to start scrubbing. After one Saturday afternoon, I'm sure he will find cash from his beer budget to help stuff the cleaning-bill jar.

Angela says ...

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CONTRIBUTED

Names:
David, 47, and Mable, 42

Hometown:
Edmonton

Together since:
2002

Their story:



OK for him to move on with his life; he didn't have to wait for me. Instead, he decided to join me for six weeks around Christmas.

It was very sad when it came time for me to leave, but I knew I would see him in less than four months.

When he joined me over the holidays, we were both amazed at how well we travelled together.

Backpacking in Asia can be very challenging, and he did extremely well considering he had never travelled overseas before.

When it came time for him to leave, we were both in tears again, but we knew we'd see each other in six

weeks. The trip had gone so well, we knew we'd be together for good. It was the longest month and a half of my life, and my enthusiasm for travel just wasn't the same without him. When I returned home in late February

2003, we went back to living together. David proposed a few months later, and we were married in September that year. We now have a very bright four-year-old, Charlotte, who keeps us laughing and on our toes.

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ON MONEY

ALISON GRIFFITHS
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 Last week I was the MC of the joint FCAC-OECD Partnering to turn Financial Literacy into Action conference held in Toronto. Attending were over 400 delegates from all over the world.

As part of my introductory remarks I told the story of growing up in the 1950s in Canada the daughter of an air force officer and a stay-at-home

Financial literacy

► There are wonderful resources for financial literacy at the Financial Consumer Agency of Canada: fcac-acfc.gc.ca/



► Alison's money rule: Set spending limits, monitor them, then tell yourself, 'when it's gone it's gone!'

housewife.

My dear old dad was the absolute monarch of our family finances.

He got his pay on the last Friday of every month and immediately deposited it in the bank.

He kept some cash for himself and placed some more in a plain white envelope, which he sealed and bestowed upon my

mother as she mixed their Friday night Manhattan.

Mum guarded her housekeeping money zealously.

I never knew how much he gave her, and that envelope was a source of endless mystery to me.

In those days, a woman was considered a poor housekeeper and wife if she couldn't make the

money last until the end of the month.

If she was particularly careful, there would be some left over, and she could use that for herself.

My mother was quite brilliant at squirreling away nickels and dimes for an extra visit to the hairdresser.

Looking back, I told the delegates, I think that if all the world's financial affairs had been turned over to women of the "housekeeping money" generation, there would have been no sovereign defaults, no asset-backed commercial paper debacle, no subprime mortgage meltdown.

And most certainly no budget overruns!

I have this image of a woman, like my late mother, passing out envelopes to government ministers, banks and other corporations and issuing a stern warning.

senters wove it into their speech.

I think the message is that something as tangible as cash in an envelope, designated for a certain purpose provides the kind of spending limit no debit or credit card can do.

Maybe it is time to turn back the clock.

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4

sports

Quoted



“Normally, when you’re our age, people count you out. They say you don’t have anything left in the tank. But as you get older in this league, you get wiser.”

MIAMI’S JUWAN HOWARD, ON DALLAS’S JASON KIDD. HOWARD WAS DRAFTED A FEW SPOTS AFTER KIDD IN 1994-95 AND IS THE ONLY PLAYER OLDER THAN KIDD IN THIS YEAR’S NBA FINALS. BOTH PLAYERS ARE 38.

► Back in the NBA finals for first time since suffering sweep in 2007, LeBron is ‘honoured’ to be there

LeBron James walked through the tunnel leading from the Miami Heat locker-room yesterday, stepped onto the court and gave a yell. He looked down at the NBA finals logo newly affixed on the floor, then smiled and nodded.

With that, it became real. His championship chance — the biggest reason he came to Miami — has finally arrived.

Swept out of his only other finals appearance four years ago, James will get his long-awaited second opportunity starting tonight when the Heat host the Dallas Mavericks in Game 1 of the NBA’s title series.

After a year like no other in his life, starting with the much-criticized “Decision,” his jerseys being torched in Cleveland and never-ending, intense scrutiny of his every move, the last challenge will likely prove to be the toughest of them all.

“I’m honoured to be here once again,” said James, who led the Cavaliers to the 2007 finals and lost in four games to San Antonio. “Now with this franchise, it’s an honour.

“As players, we worked hard. I worked hard individually to get to this point. And I had a lot of visions of being in this moment and now it’s hit



► Time: 7 p.m.
TV: TSN, ABC

me, being on that floor, seeing the championship logos and everything, the finals logos. I’m very excited.”

It showed yesterday. He chatted with teammates, taking part in a long-shooting contest with Dwyane Wade, Eddie House and others, looking perfectly comfortable as dozens of photographers clicked away for 30 straight minutes. By now, being in the microscope is an accepted part of the deal for James, who has been dealing with this since his high school days.

Away from the court, though, those who are around the two-time NBA MVP say his focus is even sharper than usual. Winning a title likely won’t change perceptions about James. His fans will surely remain fans, his critics will surely remain critics, no matter what happens.

But to him, a championship would mean that everything that has taken place since he publicly said he would join the Heat was all worthwhile.

THE ASSOCIATED PRESS



► Dwyane Wade, left, and LeBron James share a laugh yesterday during practice.

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RICH LAM/GETTY IMAGES

Cup final has makings of a classic

► Bruins plan to be physical against well-rested Canucks

The date was Feb. 26, there were stars aplenty on both sides, and the Vancouver Canucks and Boston Bruins met on Hockey Night in Canada in what turned out to be a dandy.

Little did they know that the Bruins' 3-1 victory in Vancouver would turn out to be a preview of the Stanley Cup final.

But to the Bruins, it was just one regular-season game out of 82. Sure, it was a big win. Tim Thomas made 26 saves and Vancouver native Milan Lucic scored the game winner. It was a feel-good night, for sure.

The Bruins practised one last time in Boston yesterday before heading to Vancouver and were complimentary of their opponent.

"Obviously, they're a President's Trophy winner, they're a great hockey team, deep and well coached, and we'll look at things we have to do," Bruins forward Mark Recchi said. "Any key to your team's success is how you play personally. I think we focus on what we do ourselves ... It's who's going to want it more and who's going to play to their abilities the best."

By the time the puck drops in Game 1 tomorrow night, the Canucks, will have had seven days off.

"That's a real challenge for us, to be aggressive but not be stupid about it. So, we have to be smart in our defensive play."

BOSTON'S DENNIS SEIDENBERG ON DEFENDING THE SEDIN TWINS

The Canucks have many weapons, most notably Daniel and Henrik Sedin, the twin forwards who, along with forward Ryan Kesler and goaltender Roberto Luongo, have led this Vancouver renaissance. Together, the Sedins have 37 points this post-season, and Daniel has eight goals.

Kesler could be the X-factor, though. Too much concentration on the Sedins, and the rugged centre will pounce. Kesler scored 41 goals in a breakout regular-season and has followed that up with seven goals and 11 assists in the play-offs.

"There is a lot of skill, there is a lot of speed," Boston coach Claude Julien said in reference to the Canucks. "So, they are a pretty potent team and obviously, they thrive on their power play. So, we are going to have to be a physical team. But we are also going to have to be a very disciplined team."

THE ASSOCIATED PRESS

STANLEY CUP FINAL

Canucks study tape of alien B's

Every edge counts and the Vancouver Canucks are looking to video to provide one in the Stanley Cup final against the Boston Bruins.

The series opener is tomorrow night, but the teams hardly know each other in game situations because they play in different conferences.

They face each other maybe once a year, during the NHL's regular-season grind with little preparation time.

But the two clubs will know each other a little better through video be-

fore they step on the ice in Vancouver.

"That's what we're going to use the next couple of days for," goalie Roberto Luongo said after yesterday's practice.

"We're going to get as much video as we can on them, go through their players, making sure we know everything we need to know about them, their systems and their tendencies and make sure we're as ready as we can be and we don't get any surprises."

Even though he used to play in the Eastern Conference, Luongo said he's familiar with only two Bruin forwards — Nathan Horton and Patrice Bergeron.

"Most of them are going to be (familiar) through video and talking to (goalie coach) Rollie (Melanson) and guys who

have played with their players," Luongo said.

Coach Alain Vigneault said watching video of the Bruins will be like looking at a brand new opponent.

"That one game in the season is probably not reflective of how both teams play on a regular basis," Vigneault said.

"I don't think you can put too much emphasis on the stats from that game."

One Canuck who won't need much video to become familiar with the Bruins is Maxim Lapierre, who has faced them many times as a member of the Montreal Canadiens.

His scouting report was succinct and to the point. "It's a team that's going to show up every shift on the ice," he said.

"It's going to be tough and it's going to be a war."

THE CANADIAN PRESS

Reports say Thrashers' move to Winnipeg nearly done

The Winnipeg NHL watch continues with reports that the Atlanta Thrashers' sale could be complete this week, possibly as early as today.

The Thrashers' owners are in negotiations with True North Sports and Entertainment, which wants to move the team to Winnipeg.

While reports suggested the news might come sooner rather than later, those in the know chose their words carefully yesterday afternoon.

True North spokesman Scott Brown told The Canadian Press via email that "no press conference has been scheduled as of yet."

And NHL deputy commissioner Bill Daly said in an email that "there is nothing done as of now."

The NHL would likely prefer the Thrashers' sale is announced on a Stanley Cup final off-day.

Still, Daly told The Associated Press yesterday there is no strict rule against releasing big news during the final.

Daly said, "It's certainly possible something will be finalized this week."

Yesterday was Memorial Day in the U.S.

The two sides have been working through complex legal details on the sale and relocation of the team. Thrashers fans' hopes for a late local buyer have not been realized.

NHL commissioner Gary Bettman said on his weekly radio show on Thursday the inability to find an owner who wants to keep the team in Atlanta is a barrier the league can't overcome.

"It would be one of those head scratchers where you say, 'Look at all of this great corporate opportunity, look at all of this grassroots hockey, why doesn't somebody want to own a team here?'" Bettman said. "And that would be a difficult but unfortunate situation to be dealing with if it has reached, or does reach that point."

THE CANADIAN PRESS



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NHL

PLAYOFFS

All times Eastern

STANLEY CUP FINAL

(Best-of-7 series)

VANCOUVER (W1) VS. BOSTON (E3)

Tomorrow's game

Boston at Vancouver, 8 p.m.

Saturday's game

Boston at Vancouver, 8 p.m.

Monday, June 6

Vancouver at Boston, 8 p.m.

Wednesday, June 8

Vancouver at Boston, 8 p.m.

Friday, June 10

x-Boston at Vancouver, 8 p.m.

Monday, June 13

x-Vancouver at Boston, 8 p.m.

Wednesday, June 15

x-Boston at Vancouver, 8 p.m.

x—if necessary.

SCORING LEADERS

	G	A	PT
H.Sedin, Vcr	2	19	21
St. Louis, TB	10	20	20
Lecavaler, TB	6	13	19
Kesler, Vcr	7	11	18
Krejci, Bos	10	7	17
Horton, Bos	8	9	17
Purcell, TB	6	11	17
J.Thornton, SJ	3	14	17
D.Sedin, Vcr	8	8	16
Boyle, SJ	3	13	16
Clove, SJ	6	9	15
P.Bergeson, Bos	4	11	15
Datsyuk, Det	4	11	15
Burrows, Vcr	7	7	14
Couture, SJ	7	7	14
Downie, TB	2	12	14

SOCCER

MLS

EASTERN CONFERENCE

	W	L	PT	GF	GA
Philadelphia	6	3	2	20	14
New York	4	2	6	18	11
D.C.	4	4	3	15	16
Houston	3	4	6	15	17
Columbus	3	3	5	14	11
New England	3	5	4	13	10
Toronto FC	2	5	6	12	13
Chicago	1	4	6	9	15
Sporting Kansas City	1	6	2	5	12

WESTERN CONFERENCE

	W	L	PT	GF	GA
Los Angeles	8	2	5	29	20
FC Dallas	6	3	4	22	16
Seattle	5	4	5	20	16
Colorado	4	3	6	18	15
Real Salt Lake	5	2	2	17	10
Portland	5	4	2	17	15
Chivas USA	3	4	4	13	14
San Jose	3	4	4	13	14
Vancouver	1	5	6	9	17

Note: 3 points for victory, 1 point for tie.

Sunday's result

D.C. United 3 Portland 2

Tomorrow's game

Vancouver at Chivas USA, 10:30 p.m.

Saturday, June 4

Kansas City at Toronto, 7 p.m.

Columbus at New York, 7:30 p.m.

Seattle at Chicago, 8:30 p.m.

New England at Dallas, 8:30 p.m.

Philadelphia at Colorado, 9 p.m.

Vancouver at Real Salt Lake, 9 p.m.

D.C. United at Los Angeles, 10:30 p.m.

Houston at San Jose, 10:30 p.m.

HOCKEY

AHL PLAYOFFS

All times Eastern

CALDER CUP FINAL

(Best-of-7 series)

HOUSTON VS. BINGHAMTON

(Series tied 1-1)

Tomorrow's game

Houston at Binghamton, 7:05 p.m.

Friday's game

Houston at Binghamton, 7:05 p.m.

Saturday, June 4

Houston at Binghamton, 7:05 p.m.

Tuesday, June 7

x-Binghamton at Houston, 8:05 p.m.

Thursday, June 9

x-Binghamton at Houston, 8:05 p.m.

x—if necessary.

MEMORIAL CUP

At Mississauga, Ont.

Sunday's result

CHAMPIONSHIP

Saint John 3 Mississauga 1

Wednesday, June 15

x-Boston at Vancouver, 8 p.m.

x—if necessary.

LATE SUNDAY

SEA DOGS 3, MAJORS 1

First Period

1. Saint John, Despres 1, 2:24 (sh)
2. Saint John, Phillips 1 (Huberdeau, Kirkpatrick) 13:17

Penalties — Tesink SJ (roughing) 2:09, Flick Miss (kneeing) 8:34, Caramarosa Miss (roughing) 11:17, Mayer Miss (tripping) 14:36, Smith-Pelly Miss (cross-checking) 18:13, Caramarosa Miss, Jurco SJ (roughing) 20:00.

Second Period

3. Mississauga, Brace 1 (Shugg, Cizikas) 14:41
- Penalties — Gagne SJ (tripping) 0:55, Kirkpatrick SJ (slashing) 11:12, Galiev SJ (tripping) 17:21.

Third Period

4. Saint John, Huberdeau 3 (Phillips, MacAulay) 16:17
- Penalty — Anthony SJ (hooking) 2:39.
- Shots — Mississauga 8 15 12 —35
- Saint John 10 6 9 —25
- Goal — Mississauga: Anderson (L,3-2-0) Saint John: DeSerres (W,3-0-0).
- Power plays (goals-chances) — Mississauga: 0-5 Saint John: 0-4.
- Attendance — 5,266.

NBA

FINALS

All times Eastern

(Best-of-7 series)

MIAMI VS. DALLAS

Tomorrow's game

Dallas at Miami, 9 p.m.

Sunday's game

Dallas at Miami, 9 p.m.

Miami at Dallas, 8 p.m.

Tuesday, June 7

Miami at Dallas, 9 p.m.

Thursday, June 9

x-Miami at Dallas, 9 p.m.

Sunday, June 12

x-Dallas at Miami, 8 p.m.

Tuesday, June 14

x-Dallas at Miami, 9 p.m.

x — played only if necessary.

ACTIVITY

BASEBALL

MLB

AMERICAN LEAGUE

MINNESOTA TWINS—Activated LHP Jose Mijares from the 15-day DL. Optioned LHP Dusty Hughes to Rochester (IL).

NATIONAL LEAGUE

CHICAGO CUBS—Placed INF Jeff Baker on the 15-day DL. Called up INF D.J. LeMahieu from Tennessee (SL).

PITTSBURGH PIRATES—Placed C Ryan Doumit and INF Steve Pearce on the 15-day DL. Transferred RHP Ross Ohlendorf from the 15-day to the 60-day DL. Purchased the contracts of Dusty Brown and INF Josh Harrison from Indianapolis (IL).

AMERICAN ASSOCIATION

AMARILLO SOX—Released RHP Kyle Godfrey. GARY SOUTHSIDE RAILCATS—Signed C Craig Maddox.

KANSAS CITY T-BONES—Signed RHP Aaron Cook and INF Fernando Garcia.

SHREVEPORT-BOSSIER CAPTAINS—Signed DH Palmer Karr.

CAN-AM LEAGUE

BROCKTON ROX—Released C Bobby Domrowski.

QUEBEC CAPITALES—Signed INF Efrain Gomez.

NORTH AMERICAN LEAGUE

CALGARY VIPERS—Signed RHP Shawn Hetherington.

FOOTBALL

CFL

WINNIPEG BLUE BOMBERS—Signed LB Henoc Muamba.

HOCKEY

NHL

OTTAWA SENATORS—Signed F Louie Carrasco to a two-year contract and F Jakob Silfverberg to a three-year contract.

SOCCER

MLS

VANCOUVER WHITECAPS—Fired coach Teitur Thorlarsen and goalkeeper coach Mike Salmon. Announced director of soccer operations Tom Soehn will coach for the remainder of the season.

U.S. COLLEGE

OHIO STATE—Announced the resignation of football coach Jim Tressel. Named Luke Fickell football coach.

SOUTH CAROLINA—Announced QB Stephen Garcia returned to the team on a probationary basis after being suspended on April 6.

GOLF

CHRONOLOGY FOR THE MEN'S NUMBER-ONE RANKING

May 29, 2011 - Luke Donald

April 21, 2011 - Lee Westwood (5 weeks)

Feb. 27, 2011 - Martin Kaymer (8 weeks)

Oct. 31, 2010 - Lee Westwood (17 weeks)

June 12, 2005 - Tiger Woods (281 weeks)

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	29	23	.558	—
Boston	30	24	.556	—
Tampa Bay	28	25	.528	1½
Toronto	28	26	.519	2
Baltimore	24	28	.462	5

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	31	20	.608	—
Detroit	27	26	.509	5
Chicago	25	31	.446	8½
Kansas City	23	30	.434	9
Minnesota	17	35	.327	14½

WEST DIVISION

	W	L	Pct	GB
Texas	29	25	.537	—
Los Angeles	29	27	.518	1
Seattle	27	26	.509	1½
Oakland	27	28	.491	2½

WEST DIVISION

	W	L	Pct	GB
Arizona	30	24	.556	—
San Francisco	29	24	.547	½
Colorado	25	28	.472	4½
Los Angeles	25	30	.455	5½
Oakland	23	31	.426	7

Yesterday's results

Toronto 11 Cleveland 1

Detroit 6 Minnesota 5

N.Y. Yankees 5 Oakland 0

Seattle 4 Baltimore 3

L.A. Angels 7 Kansas City 8

Cleveland 11 Tampa Bay 5

Chicago White Sox 7 Boston 3

Tampa Bay 7 Cleveland 0

L.A. Angels 6 Minnesota 5

Texas 6 Baltimore 4

Oakland 4 Tampa Bay 2

Seattle 7 Detroit 6

Chicago White Sox 5 Boston 4

Tampa Bay 6 Cleveland 5

Seattle 7 Tampa Bay 6

Chicago White Sox 6 Detroit 5

Tampa Bay 7 Cleveland 6

Seattle 8 Tampa Bay 7

Chicago White Sox 7 Detroit 6

Tampa Bay 7 Cleveland 6

Seattle 8 Tampa Bay 7

Chicago White Sox 7 Detroit 6

Tampa Bay 7 Cleveland 6

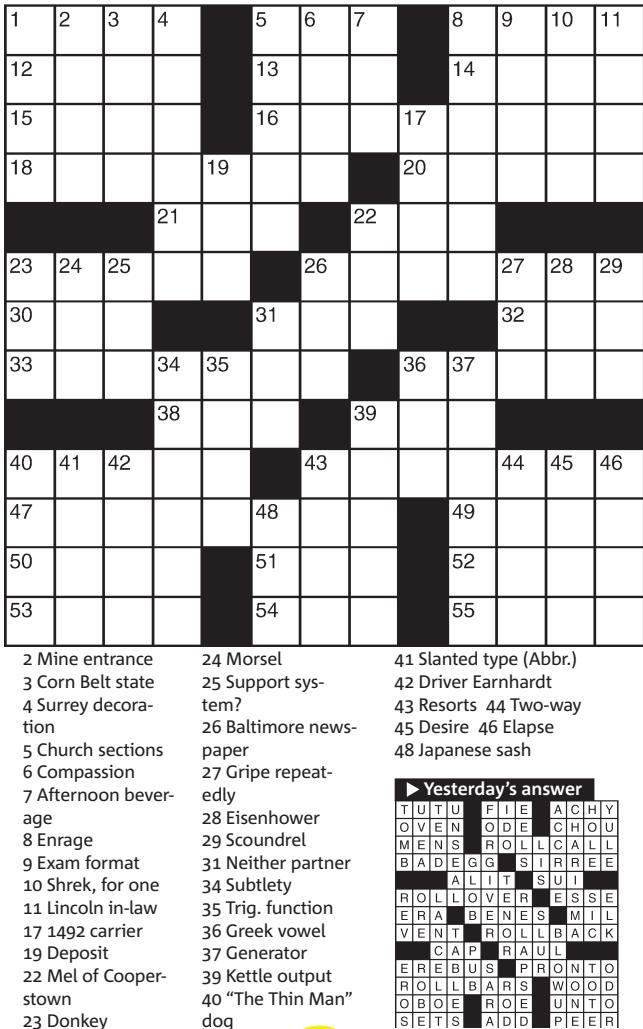
Seattle 8 Tampa Bay 7

Chicago White Sox 7 Detroit 6

Tampa Bay 7 Cleveland 6

Crossword

Across
 1 Ragamuffin
 5 Suitable
 8 Academic
 12 Stench
 13 Bakery purchase
 14 Jason's ship
 15 New Zealand bird
 16 Norm
 18 Livingstone's rescuer
 20 Just sat there
 21 Petrol
 22 Individual
 23 Westminster, for one
 26 Of tin
 30 Round Table address
 31 Enthusiast
 32 Alias abbr.
 33 Suffragist Elizabeth Cady —
 36 Just defeated, with "out"
 38 Eg. and Syr., once
 39 Pigpen
 40 Actor Quinn
 43 Comedy style
 47 Horse-drawn carriage
 49 Emanation
 50 Body powder
 51 Sheepish remark?
 52 Periodicals, for short
 53 Sheltered
 54 Doctrine
 55 Bullring bravos
Down
 1 Stir-fry vessels
 2 Mine entrance
 3 Corn Belt state
 4 Surrey decoration
 5 Church sections
 6 Compassion
 7 Afternoon beverage
 8 Enrage
 9 Exam format
 10 Shrek, for one
 11 Lincoln-in-law
 17 1492 carrier
 19 Deposit
 22 Mel of Cooperstown
 23 Donkey



Today's horoscope



For today's crossword answers and horoscopes: metronews.ca

Aries March 21-April 20 Do something that others do not approve of.

Taurus April 21-May 21

Amaze friends and family alike: do something unexpected.

Gemini May 22-June 21 Are you the only sane person left in the world? Maybe you are, but more likely you are seeing things from the wrong angle.

Cancer June 22-July 22 Don't bother trying to reason with other people today, be-

cause they are driven by emotion and superstition.

Leo July 23-Aug. 23 Do whatever it takes to stay in good spirits.

Virgo Aug. 24-Sept. 22 Just because others are greeting the day with a frown does not mean you have to do likewise.

Libra Sept. 23-Oct. 23 If you don't feel like working today then don't force yourself.

Scorpio Oct. 24-Nov. 22 You are where you are, so get real and make the best of it.

Sagittarius Nov. 23-Dec. 21 There are days when it is wiser to keep your thoughts to yourself and this is one of them.

Capricorn Dec. 22-Jan. 20 Employers and colleagues will be demanding today.

Aquarius Jan. 21-Feb. 18 There is a thin line between genius and folly.

Pisces Feb. 19-March 20. Don't let your imagination get in the way of logic.

• SALLY BROMPTON

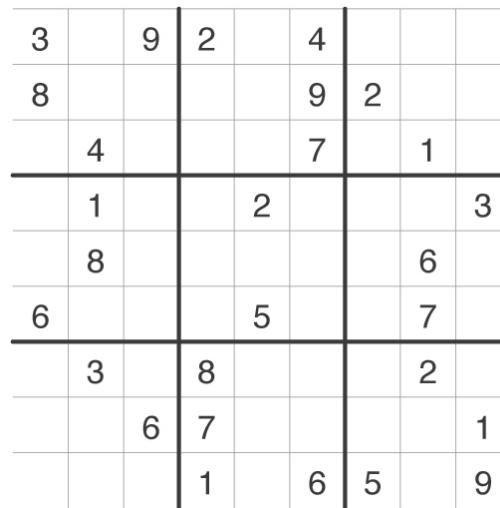
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Tumbleweed

thank you for an amazing weekend, i can not describe in words how you make me feel inside, lets just say when i see you my world lights up and my heart beats very strong. I hope your day goes great and know that my heart and mind are full with you today and every day.

CARLOS JUNIOR

Dear Chandra Kahn
 Although it saddens me that we have to say goodbye to you, we know you will rock law school. Best of luck...we are so proud of you!

SAD LAB MATE

Dr. Wickfield
 I wish there was a way to stop you from leaving us. Is there?! No?! Sigh! Ok!
 Somebody is gonna miss a Dr. next door and her white-out pen is gonna dry out soon!

YOUR FUTURE CHAIR OWNER



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

A look at the weather

TODAY

Min 8°
 Max 21°

WEDNESDAY

Min 10°
 Max 22°

THURSDAY

Min 8°
 Max 23°

Michele McDougall  **Weather Specialist**

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes." WEEKDAYS 6 AM



MATHEW KUMAR A./THE ASSOCIATED PRESS

Caption contest



"Squirrels make terrible travel agents!"
 BILL W.



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